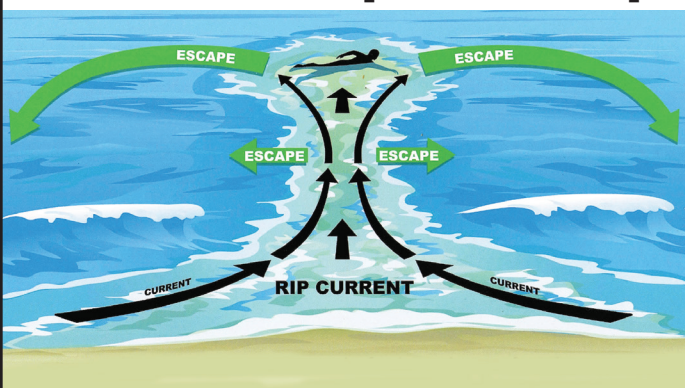


RIP CURRENTS

Break the Grip of the Rip!



Rip currents are powerful currents of water moving away from shore. They can sweep even the strongest swimmer out to sea.

IF CAUGHT IN A RIP

- Don't Fight the Current. Do not Panic.
Rips do not pull you under.
- Swim out of the current, then to shore.
- If you can't escape, float or tread water.
- If you need help, call or wave for assistance.

IF YOU SEE A SWIMMER IN DISTRESS

- Dial 911 Immediately and stay on the phone with dispatch until Rescue Services arrive.
- Don't become another victim! Do no attempt to rescue without experience and/or have a rescue torpedo (flotation device).
- It takes less than a minute to drown; every second matters. Stay near the victim as much as possible so Rescue services can reduce response time.

SAFETY

- Know how to swim.
- Never swim alone.
- If in doubt, don't go out.
- Most child drowning and submersion incidents involve swimming pools. KEEP THE POOL GATE SHUT.

